

CHARACTER COUNTS!

Citizenship

(May/June Focus)

- ◆ Do your share to make your school and community better
- ◆ Cooperate
- ◆ Get involved in community affairs
- ◆ Stay informed; vote
- ◆ Be a good neighbor
- ◆ Obey laws and rules
- ◆ Respect authority
- ◆ Protect the environment

Great job on BoxTops this year...we earned **\$1,500** from those 10 cent boxtops!!!!
 Reminder...**KEEP SAVING during the summer!!!**
 Summer savings earned \$650 this year...so it's very important! Summer savings bags coming

Important Dates:
May 18-21 - Book Fair
May 21 - 5th grade Band concert 6:30 MPR
May 22 - Dad's Lunch
May 25 - Memorial Day No school

ADOBE BLUFFS PTA
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 Ninth District,
 Inc. CCPTS
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Aztec News

Adobe Bluffs Elementary



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Counselor's Corner contributed by: Katie MacLeod, MSW

According to 7 Strategies for Developing Capable Students by H.S. Glenn and M.L. Brock, parents can employ two different types of parenting behaviors. The two behaviors are known as "Barrier" behaviors and "Building" behaviors. Barrier behaviors can limit a child's personal growth and development. Building behaviors, on the other hand, encourage the development of problem solving skills and self esteem. There are a variety of different building and barrier behaviors so today we will focus on one: rescuing/ explaining versus exploring.



In **Rescuing/Explaining**, well intentioned parents try to save their children to prevent them from ever having to fall. If a child forgets their homework or musical instrument, the parent rushes to school to deliver it. The child is happy because they no longer need to deal with an uncomfortable situation, but he/ she also loses a fabulous opportunity. This uncomfortable situation is a wonderful opportunity to brainstorm for solutions, a critical step in problem solving. The child also loses the opportunity to feel- and therefore learn to deal- with disappointment. They are not able to learn the message "I made a mistake, but it is not the end of the world. I can deal with this." Instead, they are learning that they will be rescued whenever they have a problem. Unfortunately, even the best intentioned of parents cannot protect their child from everything. When this child is finally left to deal with a problem on their own, they panic, feeling like failures. They do not have the experience to draw upon to remind them that they have felt uncomfortable before and were able to work through it. This can have devastating results. Another example of Rescuing/Explaining behavior often occurs when a parent tries to explain away a child's bad behavior. The parent, who loves their child to pieces, wants to explain away the behavior rather than allow the child to suffer the consequences of their actions. Again, the message children receive is that they are incapable of being held accountable for their own behavior. These children often have low self-esteem because they truly believe that they are not capable.



On the other hand, **Exploring** helps build self esteem by constantly sending the message that you find your child very capable. Exploring can best be defined as "walking through challenging situation with your child". Using the aforementioned example of the forgotten homework or musical instrument, a parent helping a child explore might ask the following questions instead of rescuing the child: 1) What do you think caused you to forget your homework? 2) How do you think we can prevent this from happening again? 3) What can you do to fix the situation now that your homework is a day late?

Additionally, when dealing with bad behavior, a parent helping their child explore might ask: 1)What do you think caused you to behave that way? 2) What are some consequences of your actions? 3) How can you prevent this from happening again? 4) How can you help fix the situation now?

Using these examples it is easy to see the difference a parents' response can make in a child's personal growth. All children need rescuing at some point, but I encourage you to show your children how capable you truly feel they are by allowing them to feel the consequences of their actions and by helping them to explore solutions.

*Adapted from 7 Strategies for Developing Capable Students, H.S. Glenn & M.L. Brock

Parents of English Language Learners Meeting 11:45-12:25
 Thurs., May 28, 2009
 Adobe Bluffs School Room 19



Help prepare your child for next year by coming to this meeting! You will receive reading lists, and information for reading, writing and math practice over the summer. Please join us to learn more about your child's English Language Learner program at Adobe Bluffs and suggestions for how you can help at home. This is our last meeting of the year. Questions? Call: 538-8403, your child's teacher or Jill Mulligan or Nancy Reddell ELL Coordinators.

School Budget Update & Special Election

Contributed by Gemma Ripperton, ABES PTA Legislative Representative

According to the latest communications from Superintendent Phillips, Mr. Atkins, and the ABES Foundation:

- ♦ A State shortfall of at least \$14 billion anticipated, if additional revenue is not found.
- ♦ PUSD teachers, administrators and one of the classified unions voted to take a 2.7% pay cut next year to save jobs.
- ♦ PUSD is 1 of only 3 out of the thousand-plus school districts in California to take a pay cut that helped preserve approximately \$4.5 million in jobs.
- ♦ Without additional funding, Adobe Bluffs class size in K-3, which is currently capped at 20 students, is projected to grow to 23 students. An increase in 4th/5th grade class size by 1, for an average of 30 students per class is also projected. Computer resource assistants will not be returning.
- ♦ Adobe Bluffs '08-09 budget shortfalls were helped by generous donations of over \$18,000 from the Adobe Bluffs Foundation to cover PE assistant, impact teacher, docucameras, tech equipment & maintenance.



The SPECIAL ELECTION, Tuesday MAY 19th includes a number of propositions affecting education. Call your legislators to voice your opinion on education. Go to www.adobebluffspta.org to see a quick sample script.

Nathan Fletcher
Assemblyman (D-75)
Ph: 858-689-6290

Mark Wyland
Senator (R-38)
Ph: 760-931-2455

California State PTA Positions on Tuesday, May 19th Statewide Ballot Measures

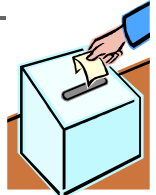
The California State PTA has taken the following positions for the **MAY 19th SPECIAL ELECTION** (There is additional information posted on the California State PTA website: www.CAPTA.org under "What's New" or go directly to www.capta.org/sections/advocacy/ballot-measures.cfm)

SUPPORT: Propositions 1A, 1B, 1C and 1E.

OPPOSE: Proposition 1D.

NO POSITION: Proposition 1F.

AB PTA 2009-2010 Election Results



Congratulations and thank you to those listed below who were elected (or will be elected*) at our last PTA Association Meeting on April 16th.

2009-2010 PTA Executive Board:

President: Ron Cole

Executive VP: Krissa Jensen

1st VP Membership: OPEN

2nd VP Programs: Marlene Perez*

3rd VP Volunteers: Darlene Hart

4th VP Legislation:
Gemma Ripperton

Financial Secretary: Aileen Marquez

Recording Secretary:
Shannon Henwood

Treasurer: Corrinne Cousar

Auditor: Laura Dibsie

Historian: Jaime Kaesbauer

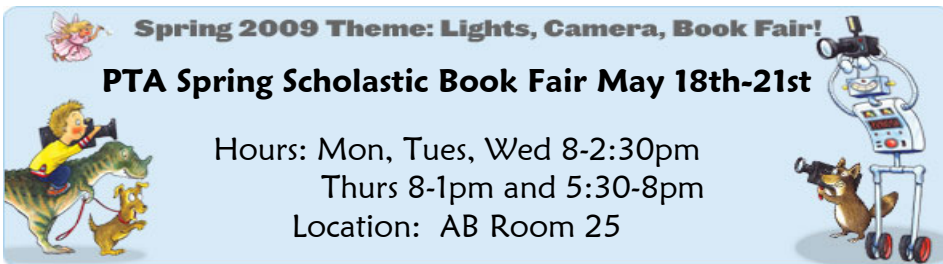
Parliamentarian: OPEN

We are still looking for anyone interested in the positions of 1st VP Membership and Parliamentarian. For more information and the job descriptions of these positions please visit <http://www.capta.org/sections/resources/downloads/toolkit-2007en-10.pdf> (Membership will be on page 399 and Parliamentarian will be on page 407) or feel free to contact Ron Cole at 858-538-1699 or rcole4@san.rr.com.

Spring 2009 Theme: Lights, Camera, Book Fair!

PTA Spring Scholastic Book Fair May 18th-21st

Hours: Mon, Tues, Wed 8-2:30pm
Thurs 8-1pm and 5:30-8pm
Location: AB Room 25



It's time to celebrate books and reading with our PTA sponsored Spring Scholastic Book Fair. Children will visit the fair with their class. They may bring money to purchase books or fill out a wish list to bring home. Teachers will also have wish lists at the fair so that parents who are interested in giving a teacher a book will be able to look at a list and avoid duplication. We hope you will come and take this opportunity to support literacy! Remember Adobe Bluffs earns 30% back in cash of the total sales. Also, since this is our second book fair this year, we'll earn 10% back of our total sales in books for our library. Stock up on books for summer reading.

For info or to volunteer contact Elba Owen at elbaowen@sbcglobal.net

AB PTA sponsors Aztec Summer Adventure Book Club



Adobe Bluffs PTA will offer its **free** Summer Book Club to incoming 1st thru 5th graders. Each grade will have four books to read and will meet four times on the Adobe Bluffs' campus. All materials will be provided including the books. Members

do not have to attend each meeting; friends and siblings can join also. ESS kids will need a signed release form. Watch for a Aztec Summer Adventure Book Club flyer in your student's red folder soon.

Adobe Bluffs Calendar


Looking Ahead

June 1-19 Student Registration 2009-2010
June 5 (evening) - yearbook signing party

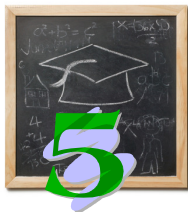


May 2009

online <http://adobebluffspta.org/calendar.aspx>

Sun	Mon	Tue	Wed	Thur	Fri	Sat
17	18 Mileage Club	19	20 Mileage Club	21 College Shirt Day Early Release 12:25	22 AB Spirit Day Mileage Club	23
	 Book Fair May 18-21 Mon, Tues, Wed 8-2:30pm Thurs 8-1pm and 5:30-8pm			5th grade band concert 6:30pm MPR	5th gr band concert 9am MPR Dad's Lunch 	
24	25 Memorial Day No school	26	27 Mileage Club	28 College Shirt Day Thursday Sing Early Release 12:25	29 AB Spirit Day Mileage Club	30

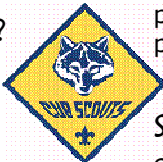
5th Grade End of the Year Activities:



- May 15-22 Physical Fitness Testing
- May 21 Band Concert 6:30 pm MPR
- May 22 Band Concert 9:00 am MPR
- June 1 Colonial Lunch & Colonial Assembly
- June 3 Riley's Farm 7:45-3:45pm
- June 4 Town Auction
- June 4 Optional Field trip 1-8pm
- June 5 Promotion practice/picnic
- June 8-9 Promotion practice
- June 10 Promotion 12:45
- June 11 5th grade pizza in the park

Interested in Cub Scouts?

BBQ on June 7th 12:30-2:30



Pack 648 is hosting their Annual Spring "Round Up" BBQ and picnic for boys and their families who would like to learn more about Cub Scouting. Be our guest on Sunday, June 7, from 12:30 - 2:30 p.m. at Adobe Bluffs park near Hampe.

We welcome Adobe Bluffs boys currently in grades K-4. Come join the adventure (or at least come check it out!) We play, we learn, we camp, we explore, we make friends!

RSVP by June 5th to Cindy at (858) 484-1313 or csandback@san.rr.com

2009-2010 School Year Registration



All parents must complete the registration process for the 2009-2010 school year. Please go online to <http://onlinereg.powayusd.com>. Complete all of the necessary paperwork and submit to the office starting June 1st through June 19th. Completion of this process will ensure a spot for your student for next school year.

AB 2008-2009 Yearbook - You still can get one!

When the Yearbook Committee placed the order for our yearbook we ordered a limited quantity of extra yearbooks. If you would like to purchase a yearbook please complete an order form and turn it into the office with your payment (cash or check made payable to "Adobe Bluffs Student Council", \$25.00 per yearbook) as soon as possible. There are a few order forms in the office as well. Orders will be picked up daily and will be accepted on a first come basis. Questions? contact Penni Matsueda at (858) 484-9358 or Matsueda@san.rr.com.



Student Council 2008-2009 Activities Summary

contributed by Matt Chen, AB Student Council Publicity Commissioner



Throughout the year, Student Council has started donation drives and fun and enjoyable spirit days. We had Toys for Tots and Pasta for Pennies. With our Student Council funds we bought a water buffalo from Heifer International for \$250 to send to the poor. For spirit days we had Pajama Day and Celebrity Day.

During the first half of the year, we had Student Council meetings every other Wednesday. During the second half of the year we had the meetings every last Wednesday of the month.

To increase our funds for Student Council we had Student Council Store every Wednesday (except rainy or Star testing days). We sold school supplies like pencils, erasers and pencil sharpeners. That is what we did this year for Student Council.

Lunch with Dad



All Dads are invited to school on Friday, May 22nd for our final "Lunch with Dad". If Dad is unable to attend, then another family member may come. Flyers will be sent home May 15th requesting that you let us know if you will be coming so that we may properly plan for the number of people expected to attend this event. Questions or comments? contact Ron Cole at rcole4@san.rr.com