



Respect

(October Focus)

Treat others with respect;
follow the Golden Rule

- ◆ Be tolerant of differences
- ◆ Use good manners, not bad language
- ◆ Be considerate of the feelings of others
- ◆ Don't threaten, hit or hurt anyone
- ◆ Deal peacefully with anger, insults and disagreements

Health Update

Karen Serafin, AB Health Tech

Parents of 1st graders: If you have recently received a green **1st Grade Physical Form** please make sure it is returned to the office by Nov. 3rd in order to keep your student's enrollment in good standings with the County Health Dept.

Important Date:

Friday, Oct 10
Dad's Lunch

ADOBE BLUFFS PTA

Palomar
Council
Ninth District,
Inc. CCPTS

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Aztec News

Adobe Bluffs Elementary



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PTA President's Message - PTA (Parent Teacher Association) 101

The PTA at Adobe Bluffs is very active and strong and this is due in **every part** to the efforts of our wonderful school staff and parent volunteers. We have a great mix of new and experienced PTA volunteers this year who are committed to working with the school staff to help our children achieve a quality education.

We highly encourage and appreciatively welcome volunteer participation at Adobe Bluffs and in the PTA. That being said, it might help if I used this forum to share a little about what the PTA is and what the PTA does to advocate on behalf of our children:

- ◆ The PTA is the oldest and largest volunteer association working on children and youth issues. In California alone, we have almost 1 million PTA members (The larger our membership, the louder our voice before our local, state, and national government representatives – here is where strength in numbers really counts). If you have joined the PTA this year, thank you! If you are still trying to decide whether to join or not, I would encourage you to do so and welcome any questions you may have.
- ◆ The PTA is a nonpartisan, nonsectarian, and noncommercial organization that promotes the welfare of our children in home, school, and community.
- ◆ The PTA encourages communication and cooperation between families and schools to ensure that children receive the best possible physical, mental, and social education.
- ◆ The PTA develops educational programs and services for parents, teachers, students, and our community.
- ◆ The PTA fosters leadership skills in both adults and students. PTA volunteers are leaders and advocates in our schools and communities for our children.
- ◆ PTA is 100% volunteer!

The state and national levels of PTA concentrate the majority of their efforts advocating for legislation that supports and protects our children. The PTA at Adobe Bluffs utilizes its resources to lend support to our families and teachers to ensure the best possible educational experience for everyone.

Learn more about PTA at these websites

Adobe Bluffs PTA: www.adobebluffspta.org
CA State PTA: www.capta.org
National PTA: www.pta.org

Please feel free to contact me if you have any questions and/or would like to become involved in the Adobe Bluffs PTA.

Thank you for all everyone does to support our children,
Ron Cole
PTA President rcole4@san.rr.com

State Budget: \$3 billion Short of K-12 Needs - Gemma Ripperton, AB PTA Legislative Representative

Governor Schwarzenegger has signed a new state budget into law. While no official analysis is yet available, it appears the budget relies, in part, upon borrowing to generate the \$58.1 billion allocated for K-12 education. Concern still remains that this budget structure may lead to potential mid-year budget cuts and an even worse fiscal crisis in 2009-10.

The \$58.1 billion for K-12 education is \$3 billion less than the educational needs the Governor projected for 2008-09. This need was based upon the 2007-08 programs and operations budget adjusted for inflation and enrollment changes.

Continue to check the Aztec Newsletter for 9th District PTA legislation updates. Contact the PUSD school board with your concerns or attend the next Board meeting on October 13th 6:00pm at Morning Creek Elementary (10925 Morning Creek Dr.)

Learn more about the 5 candidates running for 2 open seats on the PUSD School Board at an open forum to be held October 15th 7:00-8:30pm at the Carmel Mtn Ranch/Sabre Springs Rec Center (10152 Rancho Carmel Dr. across from Oggi's).

PUSD School Board <http://powayusd.sdcoe.k12.ca.us/board/default.asp>

Adobe Bluffs Calendar

Looking Ahead

Oct 20-24 - Character Counts! AND Red Ribbon Weeks
 Thurs & Fri, Oct 30 & 31 - Parent Teacher Conferences
 Fri, Nov 14 - Cultural Diversity Potluck

October 2008

online [Adobe Bluffs calendar](#)

Sun	Mon	Tue	Wed	Thur	Fri	Sat
5	6 Mileage Club	7 Foundation Mtg 6-7:30 @ MacKinnon's	8 Mileage Club	9 College Shirt Day	10 AB Spirit Day Mileage Club Dad's Lunch	11
12	13 Mileage Club	14 Life Les- sons/Character Counts Assembly	15 Mileage Club PTA Board Mtg 6:30-8 @ LRC	16 College Shirt Day	17 AB Spirit Day Mileage Club	18 Sunset Hills Halloween Carnival 11-3

Heard a Good One Lately?

Our AB students did at September's Thursday Sing. Share a laugh with your child with these jokes.

What do you call a cow on a trampoline? *A milkshake*
Kennedy rm 23

What days do fish hate? *Fridays*
 What days do cats like? *Fridays*
Sanam rm 9

What do you call a hippo in a convertible? *stuck* **Darya** rm 13

What do you give a girl rabbit for her marriage? *14 gold carrots*
Smayra rm 14

Lunch with Dad

All Dads and other family members are invited to AB on **Friday, Oct 10th** for our first "Lunch with Dad". Look for a flyer on October 3rd and RSVP so we know you are coming.



What do rabbits put into their computer? *hoppy discs*

Sarah rm 3

What do you get from a nervous cow?
Milkshakes

What do you call a royal giraffe?
Your Highness **Sanam** rm 11

Mark Your Calendar

Thursday, October 23rd
 Character Counts! Day &
 Family Night
 (6-7pm)
 More information [online](#) and in the next newsletter!



Invitational Cross Country Meet

Rancho Penasquitos Sunrise Rotary Club is holding its 20th annual **free** cross country meet on **Thursday, Nov 6th**, at Mt. Carmel High School. The one mile course, elementary school division is open to students in grades 3-5. Each grade and gender run at different times beginning at 2:30 p.m. Parents are responsible for their runner's transportation.

Ribbons are given to all participants and to 1st-10th place finishers in each division. The over-all winning elementary school will be awarded a special sweepstakes trophy.

Last year 16 elementary schools and seven middle schools from SD county and over 650 runners participated. This is a fantastic way to promote physical fitness to our Adobe Bluffs students as well as a sense of community. Start training for the cross country meet at Mileage Club.

If you are interested in participating in this event and/or if you would like to go on some training runs with Coach Nicole, contact Nicole Sanseverino at nsansev@san.rr.com or 538-2200.

Arts Attack Volunteers Needed in Your Child's Classroom

Volunteers spend about an hour once or twice a month in their own child's classroom and require no previous art experience. The Arts Attack Coordinators are here to help you have a fun experience. Please volunteer and keep Arts Attack Program alive at Adobe Bluffs for your child. For more information or to sign up contact Darlene Hart at pqharts@sbcglobal.net.

It's Time to Have Fun and Run!

The AB Mileage Club will be off to a running start on Monday, Oct 6th. The AB Mileage Club is a PTA sponsored program created and run by volunteers to increase students' readiness to learn, help reduce playground hassles and to help fight obesity. It is made possible from your generous donations to the Hassle Free program.

Mileage Club takes place every Monday, Wednesday and Friday, weather permitting. Students may run/walk our track during their lunch recess and can begin and stop at any time.



Students can earn toe tokens, mile tokens, chain necklaces, school supplies, and playground equipment but most of all they will gain a sense of accomplishment and a healthy lifestyle. Prizes are awarded starting at 25 miles.

If you are interested in volunteering please contact Nicole Sanseverino at nsansev@san.rr.com or 538-2200. Volunteers arrive at 11:25am and leave at 12:30pm and may volunteer as little as once per month.

A big thank you to our current volunteers who make this program a huge success. Let's have fun and run!