



Aztec News

Adobe Bluffs Elementary



CHARACTER COUNTS!

Fairness

(December Focus)

- ◆ Play by the rules
- ◆ Take turns and share
- ◆ Be open-minded; listen to others
- ◆ Don't take advantage of others
- ◆ Don't blame others

AB Student Council Message



Thank you to all who donated toys for our 'Toys for Tots' holiday toy drive. We had a wonderful response from our school.

Last Wednesday, December 10th, was 'Wear your sunglasses day'. Thank you to all students and staff who participated in this spirit day.

Important Dates:

Dec 22-Jan 2
Winter Break No School

ADOBE BLUFFS PTA

Palomar Council
Ninth District,
Inc. CCPTS

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Counselor's Corner contributed by Katie MacLeod, AB Counselor

As an elementary School Counselor, one of the complaints that I get from students is that they are singled out and teased based upon what they are wearing and how they look. This is not a new phenomenon, but I think it is much worse than when we were in elementary school. Students are told that they cannot wear the same garment too frequently, that they should buy their clothes from the designer stores and are teased when they don't -or can't- follow these social codes.

According to the book Queen Bees and Wannabes, by Rosalind Wiseman, this is a form of



bullying- often referred to as girl bullying. Although this does occur amongst boys, it is much more common in girls. While boys might push, shove or yell, girls are much more likely to engage in subtle bullying which mainly consists of teasing and social isolation. It is very difficult to detect simply because the bully does not present themselves as a bully, rather they often seem to be quite the opposite. Additionally, the victim of the bullying is often reluctant to come to an adult thinking that "tattling" will more than likely make the situation worse.

As a parent, what can you do to help with this painful type of bullying? Most importantly, talk to your children. Find out if they have ever felt bullied or if they themselves have been hurtful to others. Make sure they know that this is a type of bullying. Explain to them the irrelevance of someone's clothing when it comes to judging their character. If your child has ever felt bullied, help them to think of assertive ways to stand up for themselves. Practice responses as well as assertive body language. If you believe that your child might be engaging in teasing or isolating others, help them to empathize with how a victim might feel. Regardless of whether your child has been hurt or has hurt others, you can help to improve their self-esteem by involving them in activities that highlight their strengths. A child is less likely to tease and less likely to feel harmed by teasing if they have pride in their abilities and accomplishments outside of dressing "cool" and "fitting in".

For more information please read Rosalind Wiseman's book Queen Bees and Wannabes or contact Katie MacLeod, ABES Counselor.

Morning Readers Still Needed!

If you have been trained as a Morning Reader, we still need readers for every day of the week. If you haven't been trained, or your child's teacher has enough readers, I will be happy to train you, or place you with another class that has students who would benefit from your wonderful assistance.

Please consider this opportunity to make a difference in the life of a child. The time is flexible - any morning for as little as 20 minutes will help - and the pay is priceless!

Thank you!
Karen O'Connor
Morning Readers
Coordinator



The Winter Jamboree Carnival

Is coming in January!

Saturday, January 24th

Look for the presales flyer that should be coming home in your child's red folder today or look on the PTA website

adobebluffspta.org/default.aspx for a form for the best savings deal. We also need volunteers. Please send one of the event chairs a note to find out how you can help make this event a success.



Bill Forster (bill.forster@earthlink.net)
Paige Schaefer (paige.schaefer@itron.com)
KC Hellenkamp (Helly15@aol.com)

Adobe Bluffs Calendar

Looking Ahead Jan 15 Variety Show rehearsal
Jan 24 Winter Jamboree



December 2008/January 2009

online <http://adobebluffspta.org/calendar.aspx>

Sun	Mon	Tue	Wed	Thur	Fri	Sat	
21	22	23	24	25	26	27	
28	29	No School - Winter Break Dec 22- Jan 2			1	2	3
4	5 Mileage Club	6 6pm Foundation Mtg @ MacKinnon's	7 Mileage Club	8 College Shirt Early Release 12:25	9 AB Spirit Day Mileage Club	10	

Out with the Old and Into the School



You may be purchasing new items to replace old ones this holiday season and your Foundation would like to remind you to remember your school. In particular, we are currently helping to find good working-condition printers and scanners for some of the classrooms vs. spending precious funds to purchase

these items. The most coveted are the combination printer/scanner/copiers types but we are happy to find homes with delighted staff members for any good working-condition equipment.

While we are currently concentrating our efforts looking for printers and scanners, please always think about Adobe Bluffs before tossing out items as budgets are very slim and limited in scope this year, so many things end up coming out of teacher's own pockets. So please be proactive and consider asking your teachers if they need things (they often don't like to ask) and if you have items that your teacher doesn't need, please feel free to email me and I would be happy to see if someone else is interested.

Thank you for all that you do for our school and our children.
Happy Holidays!

Paige Schaefer
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President, Adobe Bluffs Educational Foundation



Searching for Funds

What if Adobe Bluffs Elementary School earned a penny every time you searched the Internet? Or how about if a

percentage of every purchase you made online went to support our cause? Well, now it can!

GoodSearch.com is a new Yahoo-powered search engine that donates half its advertising revenue, about a penny per search, to the charities its users designate. Use it just as you would any search engine, get quality search results from Yahoo, and watch the donations add up!



Adopt-A-Family Thanks You, Adobe Bluffs

Thanks to the generosity of the AB PTA and families, our 2009 Adopt-a-Family Drive was a great success!

All families in need from AB were "adopted", and we also collected the following items to help families in other PSD schools: \$325 worth of gift cards from Albertson, Wal-Mart, and Stater Brothers, 2 pajamas, 2 T-Shirts, 3 pairs of shoes, 8 toys and 1 book! Thank you all for supporting this worthy cause and adding warmth to families in need during this holiday season.

- Jessica Chiang, PTA Community Concerns Chair



The Mt. Carmel Dance Troupe is hosting their annual dance clinic February 17th-19th (PSD District Recess Week) from 9:00-3:00 the 17th and 18th, and 9:00-12:00 on the 19th. The final day concludes with a special award presentation and showcase for friends and family of dances learned by the participants. All levels are welcome, grades 2nd-8th. Early bird registration is \$110 by January 16th, \$120 after that. Sibling discount is also available! Contact: mcacha@aol.com or (619) 252-4435 or visit www.mtcarmeldancetroupe.com for more information. See you on the dance floor!

GoodShop.com is a new online shopping mall which donates up to 37 percent of each purchase to your favorite cause! Hundreds of great stores including Amazon, Target, Gap, Best Buy, ebay, and Barnes & Noble have teamed up with GoodShop and every time you place an order, you'll be supporting your favorite cause.

Just go to www.goodsearch.com and type in **Adobe Bluffs** under the question "WHO DO YOU GOOD-SEARCH FOR?" And, be sure to spread the word!